



**Media Release  
For Immediate Release**

**September 23, 2013**

### **COPEING WITH TODDLER BEHAVIOUR**

**Bolton, ON** – Help is on the way for parents navigating those difficult toddler years. This fall, The Caledon Parent-Child (CPCC) will partner with Peel Children’s Centre (PCC) to present *COPEing with Toddler Behaviour*, a free education program designed to help parents foster a strong relationship with their toddlers.

***COPEing with Toddler Behaviour* is an eight session education series for parents of children 12 to 36 months.** Parents learn how to understand toddler behavior as well as strategies to manage challenging toddler behaviours. The course uses video clips, group discussions and role-play exercises to assist parents in successfully implementing strategies at home.

The sessions will take place on Friday mornings from 9:15 to 11:15 a.m. beginning October 18 at the Caledon Parent-Child Centre located in the Albion/Bolton Community Centre. Childcare is available for a small fee. Space is limited, so register early. For more information, call the CPCC at 905-857-0090 or visit [www.cp-cc.org](http://www.cp-cc.org).

PCC wishes to recognize the Region of Peel for its financial support of the *COPEing with Toddler Behaviour* program.

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