

September 14, 2014

COME “MAKE THE CONNECTION” WITH YOUR BABY
STARTING EARLY SETS THE STAGE FOR LIFE

Bolton, ON – The parent-child relationship is at the heart of healthy child development. It is an important connection that affects secure attachment, brain and language development, social and emotional well-being, and general success in school. This fall, The Caledon Parent-Child (CPCC) is pleased to once again present *Make The Connection: Birth to One*, a parenting program designed to help strengthen the parent-infant relationship.

Make the Connection is an experiential, strength based, 9-session education series for parents with infants birth to 12 months of age. The program focuses uniquely on the parent-child attachment relationship. Through interactive group participation, parents will learn the skills necessary to establish loving relationships, foster two-way communication and nurture the curiosity behind a baby’s drive to explore and learn. Parent Educators will guide parents using hands-on practice with reflection, videotaping, and group discussion to help parents connect and communicate with their baby.

The sessions will take place on Friday mornings from 10:00 to 11:30 p.m. beginning October 23rd at The Caledon Parent-Child Centre located in the Albion/Bolton Community Centre. Babies accompany parents. Child care is not available. Advance registration is required on a first come, first served basis at a cost of \$12.00 per registrant. For more information, call the CPCC at 905-857-0090 or visit www.cp-cc.org.

The CPCC is a non-profit community service organization that provides support, resources, and education that strengthen families and promote the optimal development of children. Parents and caregivers with young children can access a variety of free child development programs, family support services and helpful information on parenting.

The *Make The Connection* program is created by First Three Years Parenting Resources & Training.

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For further information and media inquiries, please contact:
Shelly Sargent, Community Relations
Phone: 905-857-0090 Fax: 905-857-0107
Email: shellysargent@cp-cc.org