



connections



“Strengthening families for a brighter tomorrow.”



A Message from our Executive Director:

The Caledon Parent-Child Centre will be celebrating its 20th anniversary in November 2007. It has grown from a Toy Lending Library for approximately 39 families, to a full Family Resource/Ontario Early Years Centre, providing a variety of support and education services for over 1,000 families.



At the heart of the Centre, over the years, has been our marvelous team of committed staff and volunteers. They have consistently provided a caring and supportive environment for families at locations throughout Caledon. However, adequate space and funding to provide much needed services, to the rapidly growing population of Caledon, have become critical concerns, which we are striving to address.



We look forward to the next 20 years with anticipation and excitement and would like to thank each one of you who have been a part of the Centre over the last 20 years. Your enthusiasm and sincere commitment to the children and families of Caledon is an investment in the future and is truly appreciated.

Maureen Thornton
Executive Director

Upcoming Events

PEP-Start Clinic:

October 15, 2007 at the Caledon Parent-Child Centre from 9:00 - 11:30 am. A drop-in clinic offering parents the opportunity to consult briefly with professionals from community agencies. For children newborn to 5 years of age who reside in the Region of Peel. No appointment necessary.

Family Fun Night:

October 25, 2007 at the Caledon Parent-Child Centre from 5:00 - 7:00 pm. A Halloween celebration with face painting, crafts and story time.

20th Anniversary Celebration & Open House:

November 27, 2007 at the Caledon Parent-Child Centre. Help us celebrate our 20 years of service. Details to follow.

Children's Christmas Party:

November 30, 2007 in the Albion/Bolton Community Centre auditorium from 9:30 - 11:30 am. A fabulous party with musical entertainment, crafts, food, prizes and a visit from Santa. Watch for ticket information on our website and at the Centre.

“Life affords no greater responsibility, no greater privilege, than the raising of the next generation.”

C. Everett Koop

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News & Reminders Unscheduled Closings

Occasionally our Centre has to cancel programs or close due to unforeseen circumstances. Please remember the Centre's policy in the event of poor weather conditions: **When Peel school buses are cancelled, all programs are cancelled and the Centre is closed. Please listen to your local TV or radio stations for bus cancellations.** If we have to cancel programs for other reasons, we will try our best to give ample notice to those registered.

Scheduled Closures

Thanksgiving Holiday

Closed Saturday, October 6th and Monday, October 8th.

Family Time will be closed on the morning of October 15th to accommodate our PEP-Start Clinic. We will also be closed on Saturday, December 1st. Watch for our Mobile Van in the Santa Claus Parade.

Christmas Holiday

Mark your calendar ... our Centre will be closed from December 24, 2007 to January 2, 2008 inclusive for the Christmas holiday season. We will re-open for Family Time starting January 3, 2008. Just a reminder that children's play activities offered at the Centre are primarily designed for children from birth to six years of age.

Registration

Please make note of the following registration dates for our roster of

Fall and Winter programs:

Fall Session II Program Registration - November 12 to 17, 2007 during regular Family Time hours (programs begin the week of November 26, 2007.)

Winter Session Program Registration - February 4 to 10, 2008 during regular Family Time hours (programs begin the week of February 18, 2008.)

Friday Morning Parent Education Workshops

For a complete listing of workshops being offered this Fall and Winter, visit our website at www.cp-cc.org. Just a reminder that childcare must be paid for at time of registration. Childcare is available at a fee of \$5.00 per child.

Your will: ensuring your wishes and leaving a legacy

A trend that continues in Canada is the high number of people who do not have a will. Most people understand the importance of financial planning. They work hard to build assets over the course of their lifetime. So it does seem strange that people would risk their assets by not having a will to ensure those assets are distributed according to their wishes.

If you die intestate – without a will – your assets will be distributed to your relatives according to the laws of your province. Therefore, there is a good possibility that your intended beneficiaries – spouses, children, relatives, friends and charities – won't receive what you intended them to receive, or possibly they may not receive anything at all.

It is important to consider how your assets will be passed on. While leaving a lump sum to each of your heirs may be the most convenient thing for you to do, it may not

always be the best thing. For example, each may be in a different circumstance or have varying skills in managing money. It is important to remember that it is your heirs that will have to deal with your wishes. Many families have been thrown into conflict by the distribution of an estate. Take into account personalities and family dynamics. If there are any unusual aspects of your will or if unlikely beneficiaries are included, it may be wise to inform your heirs of that portion of your will.

Leaving your legacy

A will also allows you to remember certain organizations or causes that were important to you in life. Each year thousands of individuals designate a portion of their assets by bequest to benefit charitable organizations. Gifts by will are becoming an increasingly important part of the Canadian philanthropic tradition.

A gift by will may be the most feasible way for you to make a significant contribution to an organization such as the Caledon Parent-Child Centre. After providing for your loved ones, you may choose to include the Caledon Parent-Child Centre as a beneficiary.

Gifts made by will are deemed to have been made in the year of death. Therefore a charitable tax credit is received by the estate and can offset any tax owing from deemed dispositions which are also realized in the year of death, i.e. capital gains and/or recapture of depreciation. This tremendous tax relief is due to the increase in the limit of gifts by bequest from 20% to 100% of the individual's net income in the year of death and in the immediately preceding taxation year.

This type of gift can help ensure that the maximum amount is passed on to your heirs by offsetting taxes while at the same time supporting the families and children of Caledon.

For more information on this or other gifts of support, please contact Maureen Thornton at (905) 857-0090, mthornton@cp-cc.org.



New Evening Programs

We are excited to announce some new programs and workshops for parents and families this Fall. We will partner with Peel Children's Centre, Family Transition Place, Peel Family Education Centre and Brampton/Caledon Community Living to offer information and support to families with young children. To register for these evening programs/workshops, please call us at 905-857-0090.

COPEing With Toddler Behaviour

Learn how to foster a strong relationship with your toddler (12 – 36 months old). Parents learn strategies to prevent and manage challenging toddler behaviours. Videotapes, group discussion and role-plays are used to assist parents to successfully implement these strategies in their family.

Day: Thursdays (8 weeks)
Date: September 27 to November 15, 2007
Time: 7:00 to 9:00 p.m.

Let's Get Together

A new opportunity for families with children under 6 years of age who have special needs. Families are invited to come in to play and meet other families. Make new friends and connect in a safe, nurturing and non-threatening environment. Bring the whole family, siblings welcome.

Day: The 1st and 3rd Wednesday of each month
Date: Beginning October 3, 2007
Time: 6:30 to 8:00 p.m.

"Help for Working Parents" Series

Many thanks to The Rotary Club of Palgrave for sponsoring this parent education series for working parents.

Parenting Together

Raising kids today can be a challenging experience. This 4 week program will help you build positive relationships with your children. Participants can register for the series of workshops or choose to register for specific topics. **This group learning experience is designed for both parents, so come out and build upon your knowledge towards developing effective and respectful parent-child relationships.**

Childcare is not available for any of the above.

Topics and dates are as follows:

Topic: **Parenting Styles**

Date: Tuesday, September 25, 2007
Time: 7:00 to 9:00 p.m.

- Participants will study parenting styles that have been learned and how these affect our parenting today.

Topic: **Healthy Adult Relationships**

Date: Tuesday, October 2, 2007
Time: 7:00 to 9:00 p.m.

- Participants will learn how healthy and unhealthy relationships affect our children and discuss ways in which to handle adult conflict in a healthy manner.

Topic: **Limits and Consequences**

Date: Tuesday, October 9, 2007
Time: 7:00 to 9:00 p.m.

- Participants will gain knowledge of respectful parenting and gather strategies to use effective discipline techniques and develop family rules for the home.

Topic: **Your Child's Self Esteem**

Date: Tuesday, October 23, 2007
Time: 7:00 to 9:00 p.m.

- Participants will discover the impact of media on children's self esteem. Participants will also discuss effective ways to address bullying.

Understanding Your Child's Behaviour:

A workshop for parents of children 1 through 5 years of age

All behaviour is motivated by a need to connect and belong. Participants will examine effective responses to children's behaviour and explore methods that children use to connect by looking at the four goals of misbehaviour.

Date: Tuesday, November 6, 2007
Time: 7:00 to 9:00 p.m.

Time In Versus Time Out

"Time Out" does not have the calming effect on children that parents expect. Find out about methods of discipline that will stop unwanted conduct, build better behaviour in the future, and a process that helps parents connect with children.

Date: Tuesday, November 13, 2007
Time: 7:00 to 9:00 p.m.

Thank you to the following businesses, foundations and individuals who made financial contributions in the past six months.

Corporate Gifts

Bill Parnaby of Royal LePage
Bragmore Developments
Can-Am Food Brokers Limited
Canadian Tire (Bolton)
Effem Inc.
Egan Funeral Home
Fines Ford Lincoln Sales
James Dick Construction Ltd.
Lisgar Construction Co.
McDonald's (Bolton)
Ritchie Bros. Auctioneers
Royal Bank of Canada
Sensory Garden Child Development Centre
Silcotech North America Inc.
The Rotary Club of Bolton
The Rotary Club of Palgrave
The Samuel & Rose Levy Charitable Foundation

Individual Gifts

Luciana & Kevin Christie
Lynnie Maggio
Jan McTaggart
Patrizia Miceli
Lisa Morrone
Lynda Palmer
Franco Pozzuoli
Jana Regier
Anike Scorzafave
Tracie Staffieri
Mary Ann Tetzlaff

Special thanks to the many businesses and individuals who made in-kind product and service donations in 2007 that helped offset costs of programs and fundraising initiatives.

Many thanks to all who supported our Laugh Out Loud fundraiser held on April 27, 2007. We are proud to announce that this year's event was a huge success with profits totaling \$13,600 ... our most successful year to-date. Laugh Out Loud is a charity event in support of our Adjustments After Birth program, a support group for women affected by postpartum depression and related mood disorders. For a complete listing of our donors and supporters, visit our website at www.cp-cc.org.



A Message to our Volunteers

At our recent Volunteer Appreciation Evening held on June 13th, Nancy Christieson, Front-Line Program Volunteer, was presented with the Leanne Flood Award for outstanding volunteerism. This very special grandmother and great grandmother, was honoured for her 12 years of volunteer service, supporting the children and families of Caledon. Thank you Nancy for your warm presence and kind contributions over the past 12 years.

Also recognized that evening was Judi Guaragna, Co-Chair of our Board of Directors. Judi recently completed her four year term of service. We thank you Judi for your strong leadership and dedication to our Centre. You will be missed.

We'd like to welcome Gladys Rennie who has returned to serve on our Board of Directors. Gladys will be serving the 1st year of a 2nd term. Welcome back, Gladys.



On-Site Consulting Services

Our Centre strives to collaborate with other Peel agencies to bring more services to Caledon families. These on-site consultations offer families greater accessibility to clinics and regular contact with professionals who provide opportunities for detection and early intervention of physical and emotional concerns.

Early Literacy Specialist

Specialist on-site September 10, October 15 (Cheltenham Satellite), November 5 and December 3, 2007.

Breastfeeding Clinic

Public Health Nurse available weekly on Monday and Friday afternoons. To book your appointment for the Bolton Clinic, call Peel Health at 905-799-7700.

Child Behaviour Consultant

Consultant on-site the third and fourth Wednesday of each month by appointment only. To book an appointment, contact our Centre at 905-857-0090.

Speech and Language Consultant

Consultant on-site September 17, November 12 and December 10, 2007 by appointment only. To book an appointment, contact our Centre at 905-857-0090.

Birthday Board

Is your child celebrating a birthday? Be sure to pick up a birthday craft from the front desk. Place your child's name on the craft and have him or her decorate it with their own creative touches. Return it to the front desk and staff will be happy to add it to our Birthday Board.

Become a Volunteer

If you or anyone you know is interested in becoming a volunteer with our Centre, we would love to hear from you.

Teresa Colasanti
Volunteer Co-ordinator



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Early Years

 **Region of Peel**
Working for you



connections is provided as a special service for the friends of the Caledon Parent-Child Centre

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Tel. (905) 857-0090 www.cp-cc.org

For more information on any of these topics, please contact:

Teresa Colasanti (905) 857-0090 tcolasanti@cp-cc.org

Charitable Registration Number: 12353 8050 RR 0001

MISSION STATEMENT: To provide support, resources and education that strengthen families and promote the optimal development of children.

VISION STATEMENT: To be a leading member of an integrated system of community services that fosters the healthy development of children and families, resulting in a strong and socially responsive community.

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